

LOCATED IN HISTORIC DOWNTOWN TULLAHOMA

**IN A RUSH? CALL AHEAD FOR DINE IN OR CARRY OUT
(931) - 455 - 2194**

ONE 22 WEST
Think Local, Eat Local

AVAILABLE FROM 11AM TO 2PM TUESDAY - FRIDAY

LUNCH MENU

APPETIZERS, SMALL PLATES, & SALADS

SOUTHWEST EGGROLLS ... \$8

Two chicken, black bean, and corn eggrolls served with ranch dip

FISH & CHIPS ... \$12

Two breaded and fried cod filets served with fries

FRIED RAVIOLI ... \$9.5

A generous portion of crisp fried cheese-filled ravioli with a side of house-made marinara

CAESAR SALAD ... \$12

Crispy romaine lettuce with creamy Caesar dressing, shaved parmesan and croutons

* ADD GRILLED CHICKEN \$5, STEAK \$10, SALMON \$10 *

WINGS... DOZ. \$15 / HALF DOZ. \$10

Jumbo wings tossed in your choice of wing sauce or mango habanero

SPINACH ARTICHOKE DIP ... \$9

Creamy spinach and artichoke served with our home made toast and topped with shaved parmesan.

* GLUTEN FREE OPTION (+3) *

NACHOS ... \$9

White corn tortilla chips topped with creamy queso blanco, jalapenos, lettuce, and tomatoes

* SPICY HOT CHICKEN, SEASONED GROUND BEEF, OR VEGGIE CRUMBLES \$12 *

QUESADILLA ... \$8

A blend of jack and cheddar cheeses with sautéed peppers and onions, with lettuce, tomatoes, sour cream and salsa served on the side

* CHICKEN \$3, BEEF \$4 *

① DENOTES THAT VEGETARIAN OPTIONS ARE AVAILABLE

Ⓜ DENOTES THAT GLUTEN-FREE OPTIONS ARE AVAILABLE FOR THIS MENU ITEM.

THERE MAY BE AN ADDITIONAL CHARGE

⚠ CONSUMING RAW OR UNDERCOOKED MEATS MAY BE HAZARDOUS TO YOUR HEALTH.
BEEF PRODUCTS ARE COOKED TO 'MEDIUM-WELL' UNLESS OTHERWISE SPECIFIED

CHICKEN, STEAK, & SEAFOOD

SERVED WITH TWO SIDES

SALMON FILET ... \$22

Atlantic salmon filet broiled and lightly seasoned OR blackened with lemon cream sauce

GRILLED CHICKEN BREAST ... \$17

Juicy 8 oz. chicken breast seasoned with Cajun, teriyaki, or lemon pepper

CHOPPED STEAK ... \$17

Farmington Angus chopped steak topped with brown gravy, sautéed mushrooms, and onions

12 OZ RIBEYE ... \$38

Tender Black Angus beef chargrilled to your preferred temperature

BURGERS & SANDWICHES

SERVED WITH ONE SIDE

122 BURGER ... \$14

Traditional house burger with choice of cheese (American, cheddar, pepper jack, Swiss) and toppings (lettuce, onion, pickle, tomato)

* ADD BACON (+\$2) *

ALL OF OUR HAMBURGERS ARE MADE WITH LOCALLY SOURCED, FREE RANGE, GRASS FED, USDA ANGUS BEEF FROM FARMINGTON ANGUS

PHILLY CHEESE STEAK ... \$20

Shaved prime rib on a toasted roll topped with mozzarella cheese, sautéed peppers, and onions

FRENCH DIP ... \$20

Shaved Black Angus prime rib beef and Swiss cheese on a toasted roll and a side of au jus. Creamy horseradish sauce available upon request

SIDES (\$ 4)

MASHED POTATOES

FRENCH FRIES

SWEET POTATO FRIES

STEAMED BROCCOLI

SAUTÉED MUSHROOMS

FIRE ROASTED CORN

FRIED OKRA

SOUP (+\$1)

Tomato Basil or Soup of the Day

BEVERAGES

COKE, DIET COKE, SPRITE, DR. PEPPER, SUN DROP, SWEET OR UNSWEET TEA, COFFEE, LEMONADE (FREE REFILLS) MILK, ORANGE JUICE, CRANBERRY JUICE, AND RED BULL

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